

**News Release**  
For Immediate Release

## **When Food Meets Entertainment in Fundraising and when East Meets West in Music The Spectacular Dragon Ball is Created**

January 20, 2005 (TORONTO) – Yee Hong Community Wellness Foundation today held its annual preview of the spectacular food that will be served at Dragon Ball 2005. At Pearl Harbourfront Chinese Cuisine, seven sponsoring restaurants gathered to create a sample of the gala's fine food, featuring Japanese, Malaysian, Indian, Chinese, Thai and Vietnamese cuisine. Food items highlighted included delicacies from different food and beverage sponsors, as well as those from Yee Hong centre chefs. Demonstrations showed the unique technique of making the Malaysian Teh Tarik and Chinese dim sum in shapes of little animals.

The preview also highlighted Dragon Ball's entertainment program. This year's feature performer is Canadian legend Jeff Healey. Healey and his band, the Jazz Wizards will be joined by guest performer, erhu master George Gao. The erhu is an ancient bowed, two-stringed Chinese instrument that Gao has mastered, playing both traditional sounds and jazz tunes.

"We are very grateful for the support of TD Bank Financial Group, our Presenting, Grand Reception, Opening Ceremony and Entertainment sponsor of Dragon Ball 2005. I am sure our audience will be excited to experience how East meets West can happen through multicultural cuisine and legendary musical talents from different parts of the world," said Dr. Joseph Wong, Chair, Yee Hong Centre for Geriatric Care and Yee Hong Community Wellness Foundation.

Also announced and honoured were the event's Gala Dinner Sponsor, Software Logistics Inc.; Wine Sponsor, Reif Estate Winery; Beer Sponsor, Walkerville Brewing Company, an Ontario brewing company and Gold winner of the Classic Amber, Premium Blonde and Superior Light categories of the 2004 Canadian Brewing Awards; and catering sponsors, Dufflet Pastries Ltd., Ellen's Health Food Ltd., Ho Ho BBQ, Indochine Thai & Vietnamese Restaurant (Yonge-Bloor), Pearl Harbourfront Chinese Cuisine, Restoran Malaysia and The Host Fine Indian Cuisine.

Dragon Ball 2005 will be held on February 5, 2005 at Metro Toronto Convention Centre, South Building, to welcome the Year of the Rooster. Over the last 15 years, Dragon Ball has raised nearly \$12 million for Yee Hong Community Wellness Foundation. The goal of Dragon Ball 2005 is to raise \$1.5 million to support a continuum of culturally appropriate services ranging from active senior programs, to medical and rehabilitation services, to cancer and palliative care.

Established in October 1994, Yee Hong Centre for Geriatric Care is a charitable organization that provides a comprehensive range of culturally appropriate services to seniors. Yee Hong Community Wellness Foundation raises all necessary funds to support the facilities, services and programs of the four centres in Scarborough, Markham and Mississauga.

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金雞報  
RISE TO THE ROOSTER'S HERALD  
龍宴開鑼



**DRAGON BALL 2005**

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**Yee Hong Community  
Wellness Foundation**  
頤康基金會

A BENEFIT GALA for YEE HONG CENTRE FOR GERIATRIC CARE  
Presented by YEE HONG COMMUNITY WELLNESS FOUNDATION

60 Scottfield Drive  
Scarborough, Ontario  
M1S 5T7  
www.yeehong.com

## INFORMATION SHEET – FOOD & BEVERAGE DISPLAY

Below are the items on display during that Food & Entertainment New Conference that will appear at Dragon Ball 2005. More food and beverage items will be available during the event.

### Grand Reception Items

Beer selection from Walkerville Brewing Company

Crazy Sushi Restaurant

- Red Dragon Roll
- Green Dragon Roll
- Rainbow Roll
- Eel Special Roll
- Assorted Maki
- Assorted Nigiri Sushi

Restoran Malaysia

- Teh Tarik (Malaysian Pulled Tea)
- Malaysian fish cake

Peking duck

Roast suckling pig

### *Treasure Box*

Ellen's Health Food Ltd.

- Sweet Chinese New Year dumplings
- Sweet sesame blossoms
- Sweet egg fritters
- Traditional Chinese New Year Candy

The Host Fine Indian Cuisine

- Chicken Tikka
- Samosa
- Pakora

Yee Hong Centre - Chefs

- Bacon wrapped scallops
- Bean curd roll with minced shrimp & Chinese sausage
- Braised back ribs with Chun Zhang malt vinegar
- Murg Mali Tikka (Baked chicken breast cubes with Indian yogurt and spices)



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## Gala Dinner

Indochine Thai & Vietnamese Restaurant (Yonge-Bloor)

- Thai Green Mango salad

Pearl Harbourfront Chinese Restaurant

- Shark's fin soup with sliced abalone & chicken

Metro Toronto Convention Centre

- Filet mignon with grilled prawn, greens & mash potatoes

Dufflet Pastries Inc.

- Passion Fruit Tiramisu with gold dusted chocolate comb

Reif Estate Winery

- Cabernet Merlot
- Chardonnay

## Midnight Buffet

Dufflet Pastries

- Midnight sweets

Metro Toronto Convention Centre

- Midnight Congee & assorted toppings

Ellen's Health Food Ltd.

- Chinese New Year goodies
  - Chinese New Year Cake
  - Radish cake
  - Taro cake
  - Waterchestnut cake



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