



YEE HONG FAMILY WALK & ROLL TO WELLNESS
MISSISSAUGA – SATURDAY, JUNE 17, 2006
SCARBOROUGH – SUNDAY, JUNE 18, 2006

June 29, 2006.

PRESS RELEASE

**2006 Pontiac Vibe Ruffled Off
at Walk & Roll Sponsor Appreciation Event**

SCARBOROUGH – A winner will be drawn who will get a brand new GM Pontiac VIBE today at the 2006 Spring for Seniors Walk & Roll Raffle Draw. The event at Yee Hong Centre - Scarborough Finch is also an occasion to honour the wonderful sponsors and wellness organizations who helped make our 8th annual fundraiser.

For the 8th annual fundraising Walk & Roll which took place June 17 in Mississauga and June 18 in Scarborough, hundreds of Yee Hong seniors and their families gathered to celebrate wellness and do collective exercises while raising money for a worthwhile cause. June is Seniors' Month, and this year's theme across Ontario is Active Living, Healthy Living. This year, the Yee Hong Family Walk & Roll to Wellness had many wellness experts share their wellness tips and activities for a healthier and longer life.

Photographs of Walk & Roll participants celebrating wellness activities as well the formation of a human chain which spelled Yee Hong will also be on display. In Chinese, Yee Hong means wellness in a holistic sense.

Dr. Joseph Wong, Chairman of Yee Hong Community Wellness Foundation, Pauline Tong, President, Helen Lu, Board of Directors and Florence Wong, CEO of the Yee Hong Geriatric Centre will make presentations to our Gold, Silver and Bronze Club members. Members of this exclusive club have raised significant funds during the 2006 Yee Hong Family Walk & Roll to Wellness.

Come outside at the end of the press conference for a photo op with the VIBE.

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