



**Press Release
For Immediate Release**

2010 SPRING INTO WELLNESS CONTINUED IN SCARBOROUGH

(SCARBOROUGH, JUNE 12, 2010) *Spring Into Wellness* organized by Yee Hong Community Wellness Foundation continued at Yee Hong Centre – Scarborough Finch on Saturday, June 12 after the successful completion at Yee Hong - Mississauga last weekend. More than 600 people in total participated in the two consecutive fun-filled Saturdays.

“June is Seniors’ Month. It is an opportunity for us to recognize the valuable contributions made by seniors,” said Dr. Joseph Wong, Chair of Yee Hong Community Wellness Foundation. “My sincere appreciation to all our community partners, seniors and their families, staff and volunteers for joining us in another successful Spring Into Wellness. Best wishes for a good day of fun, exercise, team bonding and family gathering.”

The festivities began with the eye-dotting ceremony and lion dance. Hundreds of walkers then participated in the 3.5km charity walk. Activities continued following the walk with Tai Chi and Kung Fu demonstrations by members of our active senior program, and karaoke sing-a-thon. Yee Hong Centenarian & Nonagenarian Club also celebrated longevity and honoured our seniors today. At the celebration, the residents over 90 years of age and whose birthdays fall between February and June were presented congratulatory greetings from the three levels of government, a personalized birthday card and a special memento.

“Thank you for making a commitment to walk and bring senior care to the forefront during Seniors’ Month,” said Florence Wong, CEO of Yee Hong Centre for Geriatric Care. “Your participation not only helps build a caring community but also raises funds for Yee Hong as all pledges will go toward programs and services for our seniors.”

All participants in the Spring Into Wellness received a complimentary gift. Those who raised \$100 or above were eligible to enter into the draw for one of the following: 1) Tea Tasting Experience for 8 (valued at \$1,000); 2) Sony Ericsson T715a (valued at \$200); or 3) Avantalk Nova Bluetooth (valued at \$70). Draw will take place after the event. The 2010 Spring Into Wellness corporate sponsors include Ming Pao, HSBC Bank Canada and One Dish Magazine.

About Yee Hong

Yee Hong is a caring community where seniors enjoy a continuum of culturally and linguistically appropriate care. With a client-centred and personalized approach, Yee Hong is currently serving 15,000 seniors and their families across the GTA. In order to sustain our level of care delivery and many community based programs, Yee Hong Community Wellness Foundation needs to raise funds each year to support the centre’s operation.

-30-

Media Contact:

Hilda Chow
Communications and Public Relations Officer
416-321-0777 ext. 1840 / 647-881-8879
hilda.chow@yeehong.com

