



For Immediate Release

2010 SPRING INTO WELLNESS UNVEILED IN MISSISSAUGA

(MISSISSAUGA, JUNE 5, 2010) Seniors and families gathered to celebrate Seniors’ Month as they participated in the annual Spring Into Wellness today at the Yee Hong Centre – Mississauga. Organized by the Yee Hong Community Wellness Foundation, this fundraiser also aimed at honouring our elders and bringing senior care to the forefront.

“Thank you for the enthusiastic participation and congratulations on making a commitment in wellness activities,” said Florence Wong, CEO of Yee Hong Centre for Geriatric Care. “Your participation not only helps build a caring community but also raises funds for Yee Hong as pledges raised will go toward programs and services for our seniors.”

The day began with a hundred walkers stretching and getting ready for the 2.5km walk. After the eye-dotting ceremony, the walk officially began. For those who did not walk, they participated in the ping pong tournament, karaoke sing-a-thon and other fun-filled activities.

“Our success relies on the community’s support,” said Pauline Tong, President of Yee Hong Community Wellness Foundation. “I would like to take this opportunity to thank all the corporate sponsors including Ming Pao, HSBC Canada and One Dish Magazine, our seniors and their families, cherished volunteers and Yee Hong staff. Your support is critical as Yee Hong strives to continue its outstanding care for seniors across the GTA.”

All participants in the Spring Into Wellness received a complimentary gift. Those who raised \$100 or above were eligible to enter into the draw for one of the following: 1) Tea Tasting Experience for 8 (valued at \$1,000); 2) Sony Ericsson T715a (valued at \$200); or 3) Avantalk Nova Bluetooth (valued at \$70). Draw will take place after the event.

Spring Into Wellness 2010 continues next Saturday as the walk and a host of fun activities will take place in Scarborough, starting from Yee Hong Centre – Scarborough-Finch.

About Yee Hong

Yee Hong is a caring community where seniors enjoy a continuum of culturally and linguistically appropriate care. With a client-centred and personalized approach, Yee Hong is currently serving 15,000 seniors and their families across the GTA. In order to sustain our level of care delivery and many community based programs, Yee Hong Community Wellness Foundation needs to raise funds each year to support the centre’s operation.

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